

2018 MEDI-Sports Workshop

New Insights in the Treatment of Chronic Ankle Instability

2018. 5. 15(TUE) 18:00~22:00
Gymnasium 201

Presider: Sang-Won Seo (Dankook Univ.)

		Moderator: Yong-Hyun Byun (Dankook Univ.)
18:00-18:30	Joint mobilization improves spatiotemporal postural control and range of motion in those with chronic ankle instability	Ah-Ram Kim (Namseoul Univ.)
18:30-19:00	The effect of ankle taping on isokinetic strength and vertical jumping performance in elite taekwondo athletes	Tae-Young Yun (Baekseok Culture Univ.)
19:00-20:00	The Entry-Level Master's Education and Overview of Recent Studies of Chronic Ankle Instability	Ju-Pil Ko (Northern Arizona Univ.)
20:00-20:20	Discussion	Young-Eun Song (Daejeon Univ.) Young-Ho Soh (Dankook Univ.) Sang-Bin Lee (Namseoul Univ.) Jung-Hyun Choi (Namseoul Univ.)
20:20-20:40	Coffee break	
20:40-21:10	Ankle dorsiflexion range of motion influences dynamic balance in individuals with chronic ankle instability	Sang-Hyup Song (Seowon Univ.)
21:10-21:40	The effect of a 4-week comprehensive rehabilitation program on postural control and lower extremity function in individuals with chronic ankle instability	Kyung-Tae Yoo (Namseoul Univ.)
21:40-22:00	Discussion	Jong-Pil Kim (Dankook Univ.) Dong-Jun Lee (Dankook Univ.) Woo-Young Park (Dankook Univ.) Ho-Seong Lee (Dankook Univ.)

** Program schedule could possibly be changed by depending on Dankook Univ. decision*